

# Wentworth Primary School

## Young Carers Policy

**Date of Policy: September 2016**

**Reviewed: Autumn 2022**

**Date of next review: Autumn 2023**



*Achieving Happily*

## **WENTWORTH PRIMARY SCHOOL**

### **School Young Carers Policy**

Wentworth Primary School is committed to supporting young carers to access education. This policy aims to ensure young carers at Wentworth Primary School are identified and offered appropriate support to access the education to which they are entitled.

#### **Definition**

Young carers are children and young people who look after someone in their family who has an illness, a disability, or is affected by mental ill-health or substance misuse. Most are caring for a parent but some may be taking responsibility for a sibling, grandparent, or other relative. Young carers often take on practical and/or emotional caring responsibilities that would normally be expected of an adult. The tasks undertaken can vary according to the nature of the illness or disability, the level and frequency of need for care and the structure of the family as a whole.

The person they look after will have one or more of:

- Physical disability (including sensory disability)
- Learning disability
- Mental health problem
- Chronic illness
- Substance misuse problem

#### **Caring Tasks**

A young carer will take on additional responsibilities to those appropriate to their age and development. A young carer might be providing the main care or share responsibilities with another family member. The caring tasks that a young carer has to deal with can range from:

Nursing care - giving medication, injections, changing dressings, assisting with mobility etc.

Personal intimate care - washing, dressing, feeding and helping with toilet requirements

Emotional care - being compliant, monitoring the emotional state of the person cared for, listening, being a shoulder to cry on, supporting a parent through depression and trying to cheer them up.

Domestic care - doing a substantial amount of housework, cooking, shopping, cleaning, laundry etc

Financial care - running the household, bill paying, benefit collection etc

Child care - taking responsibility for younger siblings in addition to their other caring responsibilities.

#### **Possible effects on education**

Wentworth Primary School acknowledges that there are likely to be young carers among its pupils, and that being a young carer can have an adverse effect on a young person's education.



Because of their responsibilities at home, a young carer might experience:

- Being late or absent due to responsibilities at home
- Concentration problems, anxiety or worry in school
- Emotional distress
- Tiredness in school
- Lack of time for homework
- Poor attainment
- Physical problems such as back pain from lifting
- False signs of maturity, because of assuming adult roles
- Behavioural problems (taking out their anger or frustration)
- Lack of time for extra-curricular activities
- Isolation, embarrassed to take friends home
- Limited social skills
- Bullying
- Feeling that no one understands and that no support is available
- Low self esteem

It also might be difficult to engage their parents (due to fears about child being taken into care, fears about their condition being misunderstood or their parenting skills being called into question). They may be unable to attend parents' evenings.

### **Support Offered**

Wentworth Primary School acknowledges that young carers may need extra support to ensure they have equal access to education. Through this policy, Wentworth Primary School is giving the message that young carers' education is important. The designated strategic lead for young carers is Gemma Simcock. The operational lead or young carers is Pamela Hill, Family Liaison Officer who will liaise with relevant colleagues, Kent Young Carers and other relevant organisations with the consent of the young carer. All pupils will be made aware of the designated link. Wentworth Primary School will provide young carers with opportunities to speak to someone in private, and will not discuss their situation in front of their peers. Wentworth Primary School appreciates that young carers will not discuss their family situation unless they feel comfortable. The young person's caring role will be acknowledged and respected.

Wentworth Primary School will treat young carers in a sensitive and child-centred way, upholding confidentiality.

Wentworth Primary School will ensure young carers can access all available support services in school.

Wentworth Primary School will follow child protection procedures regarding any young carer at risk of significant harm due to inappropriate levels of caring.

Wentworth Primary School will promote discussion and learning in all areas of the curriculum to facilitate fuller understanding, acceptance of and respect for, the issues surrounding illness, disability and caring.

Wentworth Primary School recognises that flexibility may be needed when responding to the needs of young carers. Available provision includes (but is not limited to):



- Access to a telephone during breaks and lunchtime, to phone home
- Negotiable deadlines for homework/coursework (when needed)
- Access to homework clubs (where these are available)
- Arrangements for schoolwork to be sent home (when there is a genuine crisis). Any approved absence for a young carer will be time limited. (DfES 2006)
- Access for parents with impaired mobility.
- Alternative communication options for parents who are sensory impaired or housebound.
- Advice to parents if there are difficulties in transporting a young carer to school.

**For further information please contact:  
Kent & Bexley Young Carers Imago on 0300 111 1110  
or Pamela Hill, Wentworth Primary School on 01322 225694  
ext 214**

